

WELLNESS LEARNING EXCHANGE

OFFICE OF THE WET'SUWET'EN

UBC COUNSELLING PSYCHOLOGY (CNPS)
SCHOOL AND APPLIED CHILD PSYCHOLOGY (SACP)

JUNE
11 & 12
2024



UBC
VANCOUVER
CAMPUS



SHARE
KNOWLEDGE



APPLY NEW
LEARNINGS



REGISTRATION:



🎯 The main purposes of this event

are to share stories and knowledge about Wet'suwet'en wellness according to Wet'suwet'en values and ways of knowing, being, and doing to promote connection between CNPS/SACP faculty and students and the Wet'suwet'en Nation, and to apply new learnings to inform curricular enhancements that promote Indigenization, decolonization, and anti-racism in psychology graduate training in the Faculty of Education.

✓ To meet these goals

we will host a 6-hour event/workshop (June 11th) with Wet'suwet'en guests and CNPS/SACP faculty and students, and other relevant stakeholders. A smaller, shorter meeting will be held on June 12th, in which a select group of UBC attendees will discuss potential program initiatives with Wet'suwet'en guests that may be enacted based on new learnings.



Proposed agenda

- an opening by Musqueam elders;
- a welcome by the department;
- an opening prayer in Wet'suwet'en, a group ceremony to begin in a good way, and introduction of Wet'suwet'en guests;
- break-out sharing circles, each with a chosen facilitator and Wet'suwet'en guest (see below for more information);
- lunch (sharing food catered by Musqueam community members);
- a panel discussion with questions generated as a part of an engagement process with students/faculty prior to event; and
- a closing prayer, gift giving, and commitment to continued learning and collaboration.

Note: This agenda is tentative and may be amended.



In sharing circles

each Wet'suwet'en guest will speak and share stories about a topic related to Wet'suwet'en Wellness (e.g., importance of language, connection to Yintah [land], engaging with families, conceptual wellness framework). There will be also opportunity for dialogue within the small groups, and UBC students and faculty will cycle through 2-3 sharing circles.



The project will

- highlight and prompt reflection on Wet'suwet'en values, knowledge, perspectives, and practices related to wellness, the colonial worldview and values inherent in psychology education, theory, and practice, and the failure of psychology to fulfill its ethical mandates to Indigenous Peoples.
- result in better incorporation of Indigenous values, worldviews, and practices in psychology education, as reflected in course syllabi/content (e.g., topics, speakers) and structure (e.g., inclusive teaching methods), greater recruitment and retention of Indigenous students and faculty, and potentially new course(s) and other learning opportunities.
- strengthen relationships among the Office of the Wet'suwet'en and UBC, promoting further collaboration; and
- provide an example to other accredited counselling, school, and clinical psychology programs across Canada to enrich psychology curriculum and training.

